

Spectrum Academy 24-25 Bell Schedule



520 Culter Drive, North Salt Lake, UT 84054

KINDERGARTEN - 2nd

Monday-Thursday	
8:15-8:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
8:30-8:50	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
8:50-9:20	Word of the Week / ABA Instruction for Literacy and Math
9:20-9:40	Recess / Self-care
9:45-10:15	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
10:15-10:45	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
10:45-11:15	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
11:15-11:35	Lunch
11:35-11:55	Recess / Self-Care
12:00-12:30	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
12:30-1:00	Social Skills
1:00-1:20	Recess / Self-Care
1:20 - 2:00	Keyboarding / Music / Art / Social Play/ Inclusion
2:00-2:25	A Day: Science B Day: Social Studies
2:25-2:45	Life Skills Instruction
2:45-2:57	Pack up / Dismissal Individual Make Up Work

Short Day	
8:15-8:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
8:30-8:45	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
8:45-9:15	Word of the Week / ABA Instruction for Literacy and Math
9:15-9:35	Recess / Self-care
9:35-10:00	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
10:00-10:25	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
10:25-10:50	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
10:50-11:10	Lunch
11:10-11:35	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
11:35-12:00	Social Skills
12:00-12:25	A Day: Science B Day: Social Studies
12:25-12:45	Life Skills Instruction
12:45-12:57	Pack up / Dismissal Individual Make Up Work

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Kindergarten-2nd Grade Schedule

1 Hour Late Start	
9:15-9:30	Welcome/ Unpack/ Breakfast served Individualized Morning Instruction begins
9:30-9:45	Morning Meeting/ Pledge of Allegiance Level Review/ PRIDE Rules
9:45-10:15	Word of the Week / ABA Instruction for Literacy and Math
10:15-10:35	Recess / Self-care
10:35-11:00	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
11:00-11:20	Lunch
11:20-11:45	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
11:45-12:10	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
12:10-12:35	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
12:35-1:00	Recess/Self Care
1:00-1:30	Social Skills
1:30-2:00	Keyboarding / PE / Music / Art / Social Skill Practice Inclusion
2:00-2:25	A Day: Science B Day: Social Studies
2:25-2:45	Life Skills Instruction
2:45-2:57	Pack up/Dismissal

2 Hour Late Start	
10:15-10:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
10:30-10:45	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
10:45-11:15	Word of the Week / ABA Instruction for Literacy and Math
11:15-11:35	Lunch
11:35-12:00	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
12:00-12:25	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
12:25-12:50	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
12:50-1:10	Recess/Self Care
1:10-1:35	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
1:35-2:00	Social Skills
2:00-2:25	A Day: Science B Day: Social Studies
2:25-2:45	Life Skills Instruction
2:45-2:57	Pack up / Dismissal Individual Make Up Work

Spectrum Academy 24-25 Bell Schedule



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3rd - 5/6th

Monday-Thursday	
8:15-8:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
8:30-8:45	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
8:45-9:15	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
9:15-9:45	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
9:45-10:05	Recess / Self-care
10:05-10:35	Word of the Week / ABA Instruction for Literacy and Math
10:35-11:05	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
11:05-11:35	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
11:35-11:55	Lunch
11:55-12:15	Recess / Self-Care
12:15-12:45	Social Skills
12:45 - 1:35	Keyboarding / Music / Art / Social Play/ Inclusion
1:35-1:55	Recess / Self-Care
1:55 - 2:25	A Day: Science B Day: Social Studies
2:25-2:45	Life Skills Instruction
2:45-2:57	Pack up / Dismissal Individual Make Up Work

Short Day	
8:15-8:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
8:30-8:45	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
8:45-9:10	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
9:10-9:35	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
9:35-9:55	Recess / Self-care
9:55-10:20	Word of the Week / ABA Instruction for Literacy and Math
10:20-10:45	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
10:45-11:10	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
11:10-11:30	Lunch
11:30-11:55	Social Skills
11:55-12:20	A Day: Science B Day: Social Studies
12:20-12:45	Life Skills Instruction
12:45-12:57	Pack up / Dismissal Individual Make Up Work

Spectrum Academy 24-25 Bell Schedule



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3rd - 5/6th Grade Schedule

1 Hour Late Start	
9:15-9:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
9:30-9:45	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
9:45-10:15	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
10:15-10:40	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
10:40-11:00	Recess / Self-care
11:00-11:30	Word of the Week / ABA Instruction for Literacy and Math
11:30-11:50	Lunch
11:50-12:15	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
12:15-12:40	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
12:40-1:10	Social Skills
1:10-1:35	Recess / Self-care
1:35-2:05	Keyboarding / PE / Music / Art / Social Play/ Inclusion
2:05-2:25	A Day: Science B Day: Social Studies
2:25-2:45	Life Skills Instruction
2:45-2:57	Pack up / Dismissal Individual Make Up Work

2 Hour Late Start	
10:15-10:30	Welcome / Unpack / Breakfast served Individualized Morning Instruction begins
10:30-10:45	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
10:45-11:15	Word of the Week / ABA Instruction for Literacy and Math
11:15-11:40	A Day: Language Arts Instruction B Day: Math Instruction (Whole Group/Small Group)
11:40-12:00	Lunch
12:00-12:25	A Day: Language Arts Instruction B Day: Math Instruction (Small Group/1:1/ABA)
12:25-12:50	A Day: Math Instruction B Day: Language Arts Instruction (Whole Group/Small Group)
12:50-1:20	Social Skills
1:20-1:40	Recess / Self-care
1:40-2:05	A Day: Math Instruction B Day: Language Arts Instruction (Small Group/1:1/ABA)
2:05-2:25	A Day: Science B Day: Social Studies
2:25-2:45	Life Skills Instruction
2:45-2:57	Pack up / Dismissal Individual Make Up Work

Spectrum Academy 24-25 Bell Schedule



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Middle School (6th-8th)

Monday-Thursday	
8:15-8:35	Welcome / Unpack / Breakfast served Morning Calendar
8:35-9:00	Life Skills/Transition
9:00-9:20	Recess / Self-care
9:20-9:50	English Essential Elements (Whole Group/Small Group)
9:50-10:20	English Essential Elements (Small Group/1:1/ABA)
10:20-10:50	Math Essential Elements (Whole Group/Small Group)
10:50-11:20	Math Essential Elements (Small Group/1:1/ABA)
11:20-11:40	Social Skills
11:40-12:00	Lunch
12:05-12:25	ABA Instruction
12:25-12:45	Recess / Self-Care
12:50-1:40	A Day: Science (45m) B Day: Social Studies (45m)
1:45-2:45	Keyboarding / PE / Music / Art / Social Practice
2:45-2:57	Pack up / Dismissal Individual Make Up Work

Short Day	
8:15-8:35	Welcome / Unpack / Breakfast served Morning Calendar
8:35-9:00	Life Skills/Transition
9:00-9:20	Recess / Self-care
9:25-9:55	ABA Instruction
9:55-10:20	Math Essential Elements (Whole Group/Small Group)
10:20-10:45	Math Essential Elements (Small Group/1:1/ABA)
10:45-11:05	Social Skills
11:05-11:25	Lunch
11:25-11:55	English Essential Elements (Whole Group/Small Group)
11:55-12:20	English Essential Elements (Small Group/1:1/ABA)
12:20-12:45	A Day: Science (25m) B Day: Social Studies (25m)
12:45-12:57	Pack Up and Dismissal

Monday-Thursday Intermediate MS Schedule	
8:15-9:17	1st / 6th Period
9:20-10:22	2nd / 7th Period
10:25-11:27	3rd / 8th Period
11:30-12:05	Advisory
12:08-12:45	Recess / Lunch
12:48-1:52	4th / 9th Period
1:55-3:00	5th / 10th Period

Short Day Intermediate MS Schedule	
8:15 - 9:00	1st / 6th Period
9:05 - 9:50	2nd / 7th Period
9:55 - 10:40	3rd / 8th Period
10:45 - 11:30	4th / 9th Period
11:35 - 12:20	5th / 10th Period
12:20 - 12:55	Recess/Lunch

Spectrum Academy 24-25 Bell Schedule



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Middle School (6-8) Grade Schedule

1 Hour Late Start	
9:15-9:30	Welcome / Unpack / Breakfast served Morning Calendar
9:30-9:55	Life Skills/Transition
9:55-10:15	Recess / Self-care
10:15-10:40	English Essential Elements (Whole Group/Small Group)
10:40-11:20	English Essential Elements (Small Group/1:1/ABA)
11:20-11:40	Lunch
11:40-12:10	Social Skills
12:10-12:30	ABA Instruction
12:30-1:00	A Day: Science B Day: Social Studies
1:00-1:30	Math Essential Elements (Whole Group/Small Group)
1:30-2:00	Math Essential Elements (Small Group/1:1/ABA)
2:00-2:25	Recess / Self-care
2:25-2:45	Keyboarding / PE / Music / Art / Social Play
2:45-2:57	Pack up / Dismissal Individual Make Up Work

2 Hour Late Start	
10:15-10:30	Welcome / Unpack / Breakfast served Morning Calendar
10:30-11:00	Life Skills/Transition
11:00-11:30	Social Skills
11:30-12:00	ABA Instruction
12:00-12:20	Lunch
12:20-12:40	Recess / Self-care
12:40-1:10	A Day: Science B Day: Social Studies
1:10-1:35	Math Essential Elements (Whole Group/Small Group)
1:35-2:00	Math Essential Elements (Small Group/1:1/ABA)
2:00-2:25	English Essential Elements (Whole Group/Small Group)
2:25-2:45	English Essential Elements (Small Group/1:1/ABA)
2:45-2:57	Pack Up and Dismissal

1 Hour Late Start Intermediate MS Schedule	
9:15-10:15	1st / 6th Period
10:20 - 11:20	2nd / 7th Period
11:25 - 12:25	3rd / 8th Period
12:30 - 1:00	Lunch
1:05 - 2:00	4th / 9th Period
2:00 - 3:00	5th / 10th Period

2 Hour Late Start Intermediate MS Schedule	
10:15-11:00	1st / 6th Period
11:05 - 11:50	2nd / 7th Period
11:55 - 12:40	3rd / 8th Period
12:40 - 1:10	Lunch
1:15 - 2:00	4th / 9th Period
2:05 - 3:00	5th / 10th Period

Spectrum Academy 24-25 Bell Schedule



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High School (9-12+)

Monday-Thursday	
8:15-8:30	Welcome / Unpack / Breakfast served Morning Calendar
8:30-9:00	Math Essential Elements (Whole Group/Small Group)
9:00-9:30	Math Essential Elements (Small Group/1:1)
9:30-10:00	English Essential Elements (Whole Group/Small Group)
10:00-10:30	English Essential Elements (Small Group/1:1)
10:30-10:55	Social Skills
10:55-11:15	Self-Care & Outside Break
11:15-11:35	Lunch
11:40-12:40	Transition Instruction Life Skills (PAES Lab 2x per week)
12:45-1:30	A Day: Science (45m) B Day: Social Studies (45m)
1:30-2:00	Keyboarding / PE / Music / Art
2:00-2:20	Social / Outdoor Time / Self-care
2:20-2:45	Social/Life Skill Practice
2:45-2:57	Pack up / Dismissal Individual Make Up Work

Short Day	
8:15-8:30	Welcome / Unpack / Breakfast served Morning Calendar
8:30-8:50	Math Essential Elements (Whole Group/Small Group)
8:50-9:05	Math Essential Elements (Small Group/1:1)
9:05-9:35	English Essential Elements (Whole Group/Small Group)
9:35-10:00	English Essential Elements (Small Group/1:1)
10:00-10:20	Social Skills
10:25-10:45	Self-Care & Outside Break
10:45-11:05	Lunch
11:05-11:30	Transition Instruction
11:30-12:15	A Day: Science (45m) B Day: Social Studies (45m)
12:15-12:45	Life Skills Instruction
12:45-12:57	Pack up/Dismissal Individual Make Up Work

Monday-Thursday HS Schedule	
8:00 - 8:10	Breakfast
8:15 - 9:30	1st Period
9:35 - 10:50	2nd Period
10:55 - 11:35	Lunch - 40 mins
11:40 - 12:40	3rd - Advisory
12:45 - 2:00	4th Period
2:05 - 3:20	5th Period
3:20 - 3:30	Dismissal/Carpool

Short Day HS Schedule	
8:00 - 8:10	Breakfast - 10 mins
8:15 - 9:05	1st Period
9:10 - 10:00	2nd Period
10:05 - 10:45	3rd - Advisory - 40 mins
10:50 - 11:30	Lunch - 40 mins
11:35 - 12:25	4th Period
12:30 - 1:20	5th Period
1:20 - 1:30	Dismissal/Carpool

Spectrum Academy 24-25 Bell Schedule



520 Culter Drive, North Salt Lake, UT 84054

9th-12th Grade Schedule

1 Hour Late Start	
9:15-9:30	Welcome / Unpack / Breakfast served Morning Calendar
9:30-10:00	Math Essential Elements (Whole Group/Small Group)
10:00-10:30	Math Essential Elements (Small Group/1:1)
10:30-11:00	English Essential Elements (Whole Group/Small Group)
11:00-11:20	English Essential Elements (Small Group/1:1/ABA)
11:20-11:50	Social Skills
11:50-12:20	Self Care & Outside Break
12:20-12:40	Lunch
12:45-1:25	A Day: Science B Day: Social Studies
1:25-1:55	Transition Instruction
1:55-2:25	Keyboarding / PE / Music / Art / Social Play
2:25-2:45	Self Care & Outside Break
2:45-2:57	Pack up / Dismissal Individual Make Up Work

2 Hour Late Start	
10:15-10:30	Welcome / Unpack / Breakfast served Morning Calendar
10:30-10:55	Math Essential Elements (Whole Group/Small Group)
10:55-11:20	Math Essential Elements (Small Group/1:1)
11:20-11:50	English Essential Elements (Whole Group/Small Group)
11:50-12:20	English Essential Elements (Small Group/1:1/ABA)
12:20-12:40	Lunch
12:40-1:10	Social Skills
1:10-1:50	A Day: Science B Day: Social Studies
1:50-2:10	Self Care & Outside Break
2:10-2:45	Transition Instruction
2:45-2:57	Pack Up and Dismissal

1 Hour Late Start	
Monday-Thursday HS Schedule	
9:00 - 9:10	Breakfast - 10 mins
9:15 - 10:30	1st Period
10:35 - 11:50	2nd Period
11:55 - 12:35	Lunch - 40 mins
12:40 - 1:55	4th Period
2:00 - 3:15	5th Period
3:15 - 3:30	Dismissal/Carpool

2 Hour Late Start	
Monday-Thursday HS Schedule	
10:00 - 10:10	Breakfast - 10 mins
10:15 - 11:15	1st Period
11:20 - 12:20	2nd Period
12:25 - 1:05	Lunch - 40 mins
1:10 - 2:10	3rd Period
2:15 - 3:15	4th Period
3:15 - 3:30	Dismissal/Carpool



KINDERGARTEN - 6TH GRADE

Directed Learning Day OPTIONAL ATTENDANCE FRIDAY	
8:15-8:30	Welcome / Unpack/ Breakfast served Individualized Morning Instruction
8:30-8:50	Calendar / Pledge of Allegiance Level Review / PRIDE Rules
8:50-9:50	Session 1 - Social Skills instruction
9:50-10:50	Session 2 - 1:1 IEP Instruction
10:50-11:05	Lunch
11:05-11:20	Recess
11:20-12:20	Session 3 - 1:1 IEP Instruction
12:20-12:57	Session 4 - Art and Music Activities
12:57	Pack up / Dismissal
12:57-1:10	Carpool



7th-12th Grades & Post High School

Directed Learning Day OPTIONAL ATTENDANCE FRIDAY	
8:15-8:30	Welcome / Unpack/ Breakfast served Individualized Morning Instruction
8:30-8:50	Morning Meeting / Pledge of Allegiance Level Review / PRIDE Rules
8:50-9:50	Session 1 - Social Skills/ Life Skills Instruction
9:50-10:50	Session 2 - 1:1 IEP Instruction
10:50-11:05	Recess
11:05-11:20	Lunch
11:20-12:20	Session 3 - 1:1 IEP Instruction
12:20-12:57	Session 4 - Art and Music Activities
12:57	Pack up / Dismissal
12:57-1:10	Carpool